# Transform your life.



NuStep has worked closely with physical therapists, healthcare professionals, and home users to develop a series of accessories that make the T5 and T5<sup>XR</sup> safer, easier to use, and more effective for a wide range of users and conditions.

### ACCESSORIES SUPPORT USERS WITH:

- Stroke
- Upper/Lower body muscular deficiencies
- Spinal cord injury
- Traumatic brain injury
- Multiple sclerosis
- Cerebral palsy
- Parkinson's disease
- Obesity
- Many others





#### Leg Stabilizer

NuStep offers advanced support for users with lower body deficiencies that require bilateral or unilateral leg and foot alignment.

- Stabilizes legs from adbucting or adducting
- Adjustable to keep legs in desired alignment
- Attaches on thigh to minimize knee torque
- · Easy attachment and removal
- Lightweight aluminum construction
- Washable Neoprene attachment strap, no latex
- Sanitary and cleanable
- Made in the USA



# WellGrip™

NuStep's innovative accessory helps users grip the NuStep handles and maintain a neutral wrist position during their workouts, ensuring good upper body exercise.

- Maintains stable, correct hand position during workout
- Supports wrist and prevents wrist flexion
- Allows full, natural range of upper body motion
- Several docking points for up to 60° of hand rotation
- Straps securely to the T5/T5<sup>XR</sup> hand grips
- · Easy attachment and removal
- Breathable cushioning material
- Made in the USA



Order Today

Monday-Friday 8am-5pm EST 1.800.322.2209

www.nustep.com

# **ransform**



#### **Foot Secure System**

The foot secure system combines the ease of ski boot style adjustment with the effectiveness of two foot straps to secure the feet.

- Adjustable to fit any foot
- Easy ratchet adjustment
- Dual straps for stability
- Configurable heel support
- Can be stored under pedals
- Standard on T5<sup>XR</sup>



**Hip and Torso Belts** 

Hip and torso belts add stability and ensure a proper sitting position for T5 and T5<sup>xR</sup> users with limited mobility or weakness.

- Durable polyester webbing
- 96" torso belt extension
- 57" hip belt extension
- Secure fastening for stability
- Supports larger users



# T5<sup>XR</sup> Oversized Seat Option

To enhance user comfort and support, NuStep offers an oversized seat of 22" width with corresponding arm rests and contact heart rate handles.

- Option only for T5<sup>XR</sup> model
- Pre-installation required
- 4" total additional width
- Compatible with accessories
- Comfort for larger users



#### Polar<sup>®</sup> Transmitter Belt

The Polar<sup>®</sup> chest strap transmits a user's heart rate to the display console for continuous monitoring.

- Fastens around chest
- Comfortable to wear
- Wireless transmission
- Non-interference coded
- ECG accurate



NuStep Transporter The innovative Transporter helps users move any NuStep recumbent cross trainer into almost any desired location.

- Durable steel construction
- Adjustable handle height
- Easy grip handles
- 4" urethane wheels



# Floor Mat

This practical floor mat fits under any NuStep to protect flooring and add stability during use.

- Rubber material
- Highly durable
- Rolls out easily
- Fits under any NuStep



# Accessory Storage Bag

Store NuStep accessories, clipboards or other items in the storage bag conveniently located on the back of the NuStep seat.

- Durable polyester
- 900+ cu. in. storage space
- Loops for Leg Stabilizers
- Sanitary and cleanable
- Also sold as part of a bundle

# Special Bundled Packages

#### TOTAL ESSENTIALS

2 Leg Stabilizers (Bilateral) 1 WellGrip Set 1 Foot Secure System\* 1 Hip and Torso Belt Set 1 Polar<sup>\*</sup> Transmitter Belt 1 Accessory Bag \*The Foot Secure System comes standard on the T5<sup>xR</sup>

#### STABILITY ESSENTIALS

1 Leg Stabilizer (Unilateral) 1 WellGrip Set 1 Foot Secure System\*

- 1 Hip and Torso Belt Set
- 1 Polar<sup>®</sup> Transmitter Belt
- 1 Accessory Bag

\*The Foot Secure System comes standard on the T5<sup>xR</sup>



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