

Through innovative fitness technologies, SCIFIT continues to provide wellness solutions that meet the needs of a wide range of individuals with the newly redesigned Recumbent Stepper - StepOne™. The low impact StepOne provides a smooth, total body functional movement. The StepOne features low starting resistance, wheelchair access, comfort adjustments, customizable programs and documentation to help users reach their goals.

## KEY FEATURES

- User defined stride length from 2" to 11.5".
- Optimized 1:1 arm to leg ratio to promote natural movement.
- Low starting resistance (6 watts) with 20 levels adjustable in .1 increments, providing 200 levels of resistance.
- Direct wheelchair access along with step-through seating and grab bar allow for easy on and off.
- Arm length adjustments and rotating hand grips provide user comfort and custom fit.
- Small footprint along with integrated transport handle and wheels allow for easy placement.
- Full color touch screen with easy operation displays exercise readouts beneficial for users and clinicians (ex. stride length, ascent, watts, METs).



SCIFIT StepOne Specs							
	Length	Width	Height	Weight	User Capacity	User Height	Self-Powered
StepOne	68"	30"	48"	275 lbs.	450 lbs. Standard Seat; 600 lbs. Bariatric Seat	Fits users 4'6" - 6'7"	Yes, with auto recharge battery backup. AC adapter included.
Warranty	5 years parts, 1 year labor, and 10 years frame						