# Laser therapy BTL-4000 Smart/Premium

BTL THERAPEUTIC ENCYCLOPAEDIA



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# 7 ORTHOPAEDICS & SPORTS 7.1 ACHILLODYNIA - A

| Program                 | L-0900<br>program: L-0900 achillodynia - A   |
|-------------------------|--|
| Therapy parameters      | Dosage: 20 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.   |
| Probe                   | infrared   |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 8 - 10 (min. 5)  |
| Effect                  | biostimulation, analgesic, vasodilatation, antiedematous   |
| Note                    | Irradiate as in post-surgical states. First 2-3 days after trauma infrared laser<br>with 5 Hz frequency can be applied. After laser application there is often a<br>fast subsidence of pain and oedema. However it is essential to instruct the<br>patient that the joint is not healed in minimum 6 weeks after problems occur<br>and that he must follow rest regime together with physiotherapy, eventually<br>other physical therapy.<br>Part A.<br>(3434) |





### 7.2 ACHILLODYNIA - B

| Program                 | L-0901<br>program: L-0901 achillodynia - B   |
|-------------------------|--|
| Therapy parameters      | Dosage: 10 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %  |
| Probe                   | infrared   |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 8 - 10 (min. 5)  |
| Effect                  | biostimulation, analgesic, vasodilatation, antiedematous   |
| Note                    | Irradiate as in post-surgical states. First 2-3 days after trauma infrared laser<br>with 5 Hz frequency can be applied. After laser application there is often a<br>fast subsidence of pain and oedema. However it is essential to instruct the<br>patient that the joint is not healed in minimum 6 weeks after problems occur<br>and that he must follow rest regime together with physiotherapy, eventually<br>other physical therapy.<br>Part B.<br>(3435) |





# 7.3 BIOSTIMULATION

| Program                 | L-0423<br>program: L-0423 biostimulation  |
|-------------------------|---|
| Therapy parameters      | Dosage: 4 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 5 Hz<br>Duty factor (DF): 80 % |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe and size of post-surgical wound   |
| Frequency of treatments | daily - 3x per week   |
| Number of treatments    | 6 - 12 depending on reaction of the treated tissue  |
| Effect                  | biostimulation  |
| Note                    | Irradiate directly the areas to be healed. For deeper located structures it is necessary to increase the dose accordingly. (3433) |





### 7.4 BURSITIS - A

#### **ORTHOPAEDICS & SPORTS**

| Program                 | L-0902<br>program: L-0902 bursitis - A   |
|-------------------------|--|
| Therapy parameters      | Dosage: 18 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.                                       |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 4 – 16   |
| Effect                  | analgesic, biostimulation, antiphlogistic  |
| Note                    | Irradiate the affected area.<br>If no satisfactory effect is present after the 3rd therapy, increase dose with<br>respect to depth of affected joint.<br>Part A.<br>(3436) |



### 7.5 BURSITIS - B

| Program                 | L-0903<br>program: L-0903 bursitis - B   |
|-------------------------|--|
| Therapy parameters      | Dosage: 9 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %   |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 4 – 16   |
| Effect                  | analgesic, biostimulation, antiphlogistic  |
| Note                    | Irradiate the affected area.<br>If no satisfactory effect is present after the 3rd therapy, increase dose with<br>respect to depth of affected joint.<br>Part B.<br>(3437) |



### 7.6 CONTUSION - A

| Program                 | L-0752<br>program: L-0752 contusion - A  |
|-------------------------|--|
| Therapy parameters      | Dosage: 8 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.          |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 5x per week  |
| Number of treatments    | 5 – 10   |
| Effect                  | analgesic, antiedematous, biostimulation   |
| Note                    | Irradiate as soon as possible after injury, which hastens analgesic effect,<br>prevents edema and to absorb a hematoma.<br>Part A.<br>(3454) |





### 7.7 CONTUSION - B

| Program                 | L-0712<br>program: L-0712 contusion - B  |
|-------------------------|--|
| Therapy parameters      | Dosage: 4 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %           |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 5x per week  |
| Number of treatments    | 5 - 10   |
| Effect                  | analgesic, antiedematous, biostimulation   |
| Note                    | Irradiate as soon as possible after injury, which hastens analgesic effect,<br>prevents edema and to absorb a hematoma.<br>Part B.<br>(3455) |





# 7.8 DISTORTION (SPRAIN) - A

| Program                 | L-0915<br>program: L-0915 distortion (sprain) - A   |
|-------------------------|---|
| Therapy parameters      | Dosage: 18 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.  |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | preferably daily, minimum 3 times a week  |
| Number of treatments    | 6 - 10  |
| Effect                  | analgesic, antiedematous, biostimulation  |
| Note                    | Apply laser therapy as soon as possible. It is essential to instruct the patient that although pain subsides rapidly the joint is not fully healed in minimum 6 weeks and that he must follow rest regime together with physiotherapy. Part A. (3440) |





# 7.9 DISTORTION (SPRAIN) - B

| Program                 | L-0906<br>program: L-0906 distortion (sprain) - B   |
|-------------------------|---|
| Therapy parameters      | Dosage: 9 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %  |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | preferably daily, minimum 3 times a week  |
| Number of treatments    | 6 - 10  |
| Effect                  | analgesic, antiedematous, biostimulation  |
| Note                    | Apply laser therapy as soon as possible. It is essential to instruct the patient that although pain subsides rapidly the joint is not fully healed in minimum 6 weeks and that he must follow rest regime together with physiotherapy. Part B. (3441) |





# 7.10 EPICONDYLITIS (ENTHESOPATHY) - A

| Program                 | L-0907<br>program: L-0907 epicondylitis (enthesopathy) - A   |
|-------------------------|--|
| Therapy parameters      | Dosage: 18 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont. |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 10 (min. 6)  |
| Effect                  | analgesic, antiedematous   |
| Note                    | Combine continuous and pulse beam.<br>Part A.<br>(3442)  |





# 7.11 EPICONDYLITIS (ENTHESOPATHY) - B

| Program                 | L-0908<br>program: L-0908 epicondylitis (enthesopathy) - B   |
|-------------------------|--|
| Therapy parameters      | Dosage: 9 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 % |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 10 (min. 6)  |
| Effect                  | analgesic, antiedematous   |
| Note                    | Combine continuous and pulse beam.<br>Part B.<br>(3443)  |





### 7.12 HAEMATOMA - A

| Program                 | L-1013<br>program: L-1013 haematoma - A   |
|-------------------------|---|
| Therapy parameters      | Dosage: 4 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.                     |
| Probe                   | red   |
| Length of application   | according to the power of the probe, size and depth of hematoma   |
| Frequency of treatments | daily, minimum 3 times a week   |
| Number of treatments    | 4 – 10 (until hematoma is resorbed)   |
| Effect                  | analgesic, support of hematoma resorption, increased microcirculation   |
| Note                    | Treatment should be started as soon as possible after hematoma occurence.<br>For hematoma in mucosa use dose 3 J/cm <sup>2</sup> .<br>Part A.<br>(3450) |





### 7.13 HAEMATOMA - B

| Program                 | L-1006<br>program: L-1006 haematoma - B   |
|-------------------------|---|
| Therapy parameters      | Dosage: 2 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 8 Hz<br>Duty factor (DF): 80 %                 |
| Probe                   | red   |
| Length of application   | according to the power of the probe, size and depth of hematoma   |
| Frequency of treatments | daily, minimum 3 times a week   |
| Number of treatments    | 4 – 10 (until hematoma is resorbed)   |
| Effect                  | analgesic, supports hematoma resorption, increased microcirculation   |
| Note                    | Treatment should be started as soon as possible after hematoma occurs. For hematoma in mucosa use dose 3 J/cm <sup>2</sup> .<br>Part B.<br>(3451) |





### 7.14 MUSCLE RELAXATION

| Program                 | L-0724<br>program: L-0724 muscle relaxation   |
|-------------------------|---|
| Therapy parameters      | Dosage: 9 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %  |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe and the size of the treated area  |
| Frequency of treatments | daily   |
| Number of treatments    | 8   |
| Effect                  | myorelaxation, vasodilatation, analgesic  |
| Note                    | It is recommended to irradiate not only the hypertonic muscle area, but also the respective trigger points. With the increasing depth of location of the trigger point it is necessary to increase the dose accordingly. The dose may reach up to 90 J/cm <sup>2</sup> . (3456) |







### 7.15 PAIN RELIEF

| Program                 | L-0800<br>program: L-0800 pain relief   |
|-------------------------|---|
| Therapy parameters      | Dosage: 4 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %              |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe and the size of the treated area  |
| Frequency of treatments | daily - 3x per week   |
| Number of treatments    | 6 - 12 depending on reaction of the treated tissue  |
| Effect                  | analgesic   |
| Note                    | Irradiate directly the painful points or trigger points. For deeper located structures it is necessary to increase the dose accordingly. (3432) |





# 7.16 PATELLAR CHONDROPATHY - A

| Program                 | L-0744<br>program: L-0744 patellar chondropathy - A  |
|-------------------------|--|
| Therapy parameters      | Dosage: 14 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont. |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 5 – 10 or until problems subside   |
| Effect                  | analgesic, antiedematous, increased vascularization of tissue  |
| Note                    | Irradiate the affected areas.<br>(3444)  |





# 7.17 PATELLAR CHONDROPATHY - B

| Program                 | L-0718<br>program: L-0718 patellar chondropathy - B   |
|-------------------------|---|
| Therapy parameters      | Dosage: 7 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 5 Hz<br>Duty factor (DF): 80 % |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | 2 - 3x a week   |
| Number of treatments    | 5 – 10 or until problems subside  |
| Effect                  | analgesic, antiedematous, increased vascularization of tissue   |
| Note                    | Irradiate the affected areas.<br>Part B.<br>(3445)  |





# 7.18 PLANTAR FASCIITIS (HEEL SPUR) - A

| Program                 | L-0914<br>program: L-0914 plantar fasciitis (heel spur) - A  |
|-------------------------|--|
| Therapy parameters      | Dosage: 20 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.   |
| Probe                   | infrared   |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 6 - 10   |
| Effect                  | analgesic  |
| Note                    | Laser therapy is effective even in torpid states.<br>Before start of laser therapy make sure that the patient undergoes pedicure.<br>Thin skin barrier improves laser beam penetration.<br>Part A.<br>(3438) |





# 7.19 PLANTAR FASCIITIS (HEEL SPUR) - B

| Program                 | L-0905<br>program: L-0905 plantar fasciitis (heel spur) - B  |
|-------------------------|--|
| Therapy parameters      | Dosage: 10 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %  |
| Probe                   | infrared   |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 6 – 10   |
| Effect                  | analgesic  |
| Note                    | Laser therapy is effective even in torpid states.<br>Before start of laser therapy make sure that the patient undergoes pedicure.<br>Thin skin barrier improves laser beam penetration.<br>Part B.<br>(3439) |





### 7.20 SWELLING REDUCTION - A

| Program                 | L-1014<br>program: L-1014 swelling reduction - A   |
|-------------------------|--|
| Therapy parameters      | Dosage: 18 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont. |
| Probe                   | infrared   |
| Length of application   | according to extent of oedema and power of the probe   |
| Frequency of treatments | 3 - 5x a week  |
| Number of treatments    | 5 – 15   |
| Effect                  | antiedematous, vasodilatation, increased vascularization   |
| Note                    | Irradiate the affected areas.<br>Increase dose with increased depth of oedema.<br>Part A.<br>(3452)                                  |







### 7.21 SWELLING REDUCTION - B

| Program                 | L-1008<br>program: L-1008 swelling reduction - B  |
|-------------------------|---|
| Therapy parameters      | Dosage: 9 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 8 Hz<br>Duty factor (DF): 80 % |
| Probe                   | infrared  |
| Length of application   | according to extent of oedema and power of the probe  |
| Frequency of treatments | 3 - 5x a week   |
| Number of treatments    | 5 – 15  |
| Effect                  | antiedematous, vasodilatation, increased vascularization  |
| Note                    | Irradiate the affected areas.<br>Increase dose with increased depth of oedema.<br>Part B.<br>(3453)                               |







### 7.22 TENDINOPATHY - A

| Program                 | L-0910<br>program: L-0910 tendinopathy - A   |
|-------------------------|--|
| Therapy parameters      | Dosage: 20 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.   |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 8 - 10 (min. 5)  |
| Effect                  | analgesic, antiedematous   |
| Note                    | Similarly irradiate in postoperative states. After laser therapy pain and oedema often rapidly subsides. However it is essential to instruct the patient that the joint is not healed in minimum 6 weeks after problems occur and that he must follow rest regime together with physiotherapy and eventually other physical therapy.<br>Part A. (3446) |





### 7.23 TENDINOPATHY - B

| Program                 | L-0911<br>program: L-0911 tendinopathy - B   |
|-------------------------|--|
| Therapy parameters      | Dosage: 10 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %  |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 8 - 10 (min. 5)  |
| Effect                  | analgesic, antiedematous   |
| Note                    | Similarly irradiate in postoperative states. After laser therapy pain and oedema often rapidly subsides. However it is essential to instruct the patient that the joint is not healed in minimum 6 weeks after problems occur and that he must follow rest regime together with physiotherapy and eventually other physical therapy.<br>Part B. (3447) |





### 7.24 TENDOVAGINITIS - A

| Program                 | L-0912<br>program: L-0912 tendovaginitis - A   |
|-------------------------|--|
| Therapy parameters      | Dosage: 20 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.   |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 8 - 10 (min. 5)  |
| Effect                  | analgesic, antiedematous   |
| Note                    | Similarly irradiate in postoperative states. After laser therapy pain and oedema often rapidly subsides. However it is essential to instruct the patient that the joint is not healed in minimum 6 weeks after problems occur and that he must follow rest regime together with physiotherapy and eventually other physical therapy.<br>Part A. (3448) |





### 7.25 TENDOVAGINITIS - B

| Program                 | L-0913<br>program: L-0913 tendovaginitis - B  |
|-------------------------|---|
| Therapy parameters      | Dosage: 10 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %   |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | 2 - 3x a week   |
| Number of treatments    | 8 - 10 (min. 5)   |
| Effect                  | analgesic, antiedematous  |
| Note                    | Similarly irradiate in postoperative states. After laser therapy pain and<br>oedema often rapidly subsides. However it is essential to instruct the patient<br>that the joint is not healed in minimum 6 weeks after problems occur and that<br>he must follow rest regime together with physiotherapy and eventually other<br>physical therapy.<br>Part B.<br>(3449) |





# 8 REHABILITATION & NEUROLOGY 8.1 ACHILLODYNIA - A

| Program                 | L-0700<br>program: L-0700 achillodynia - A   |
|-------------------------|--|
| Therapy parameters      | Dosage: 20 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.   |
| Probe                   | infrared   |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 8 - 10 (min. 5)  |
| Effect                  | biostimulation, vasodilatation, analgesic, antiedematous   |
| Note                    | Irradiate as in post-surgical states. First 2-3 days after trauma infrared laser<br>with 5 Hz frequency can be applied. After laser application there is often a<br>fast subsidence of pain and oedema. However it is essential to instruct the<br>patient that the joint is not healed in minimum 6 weeks after problems occur<br>and that he must follow rest regime together with physiotherapy, eventually<br>other physical therapy.<br>Part A.<br>(3380) |





### 8.2 ACHILLODYNIA - B

| Program                 | L-0701<br>program: L-0701 achillodynia - B   |
|-------------------------|--|
| Therapy parameters      | Dosage: 10 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %  |
| Probe                   | infrared   |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 8 - 10 (min. 5)  |
| Effect                  | biostimulation, vasodilatation, analgesic, antiedematous   |
| Note                    | Irradiate as in post-surgical states. First 2-3 days after trauma infrared laser<br>with 5 Hz frequency can be applied. After laser application there is often a<br>fast subsidence of pain and oedema. However it is essential to instruct the<br>patient that the joint is not healed in minimum 6 weeks after problems occur<br>and that he must follow rest regime together with physiotherapy, eventually<br>other physical therapy.<br>Part B.<br>(3381) |





### 8.3 ARTHRITIS - A

| Program                 | L-1225<br>program: L-1225 arthritis - A  |
|-------------------------|--|
| Therapy parameters      | Dosage: 18 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.   |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 – 3 a week   |
| Number of treatments    | 10 - 15  |
| Effect                  | analgesic, antiedematous, antiphlogistic   |
| Note                    | Applies for laser therapy of all affected joints in rheumatic diseases. Given dose is designed for small peripheral joints. For treatment of joints in greater depth dose should be increased respectively.<br>Part A.<br>(3382) |







### 8.4 ARTHRITIS - B

| Program                 | L-1204<br>program: L-1204 arthritis - B  |
|-------------------------|--|
| Therapy parameters      | Dosage: 9 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %   |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 – 3 a week   |
| Number of treatments    | 10 - 15  |
| Effect                  | analgesic, antiedematous, antiphlogistic   |
| Note                    | Applies for laser therapy of all affected joints in rheumatic diseases. Given dose is designed for small peripheral joints. For treatment of joints in greater depth dose should be increased respectively.<br>Part B.<br>(3383) |






## 8.5 ARTHRITIS - RHEUMATOID - A

| Program                 | L-0703<br>program: L-0703 arthritis - rheumatoid - A  |
|-------------------------|---|
| Therapy parameters      | Dosage: 18 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.  |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | 2 - 3x a week   |
| Number of treatments    | 10 - 15   |
| Effect                  | analgesic, antiedematous, antiphlogistic  |
| Note                    | Laser therapy can also be used for all joints affected by rheumatoid diseases.<br>Given dose is designed for small peripheral joints. For joints in greater depth<br>increase dose respectively.<br>Part A.<br>(3384) |







## 8.6 ARTHRITIS - RHEUMATOID - B

| Program                 | L-0704<br>program: L-0704 arthritis - rheumatoid - B  |
|-------------------------|---|
| Therapy parameters      | Dosage: 9 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %  |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | 2 - 3x a week   |
| Number of treatments    | 10 - 15   |
| Effect                  | analgesic, antiedematous, antiphlogistic  |
| Note                    | Laser therapy can also be used for all joints affected by rheumatoid diseases.<br>Given dose is designed for small peripheral joints. For joints in greater depth<br>increase dose respectively.<br>Part B.<br>(3385) |







## **8.7 ARTHRITIS - URATIC**

| Program                 | L-0705<br>program: L-0705 arthritis - uratic   |
|-------------------------|--|
| Therapy parameters      | Dosage: 30 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %  |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | daily  |
| Number of treatments    | 5 – 10 (or until problems subside)   |
| Effect                  | tranquilizing, analgesic, antiedematous  |
| Note                    | In acute stadium irradiate directly to the places of inflammation of joint. This is<br>a supportive therapy, medicamental therapy and mainly strict compliance with<br>dietary regime are essential.<br>(3386) |







## 8.8 ARTHROSIS (OSTEOARTHRITIS) - A

| Program                 | L-0706<br>program: L-0706 arthrosis (osteoarthritis) - A  |
|-------------------------|---|
| Therapy parameters      | Dosage: 20 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.  |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | 2 - 3x a week   |
| Number of treatments    | min. 10 (or until problems are reduced significantly)   |
| Effect                  | analgesic, antiedematous, myorelaxation   |
| Note                    | Irradiate affected joint structure (Laser acupuncture can be used for trigger<br>and acupuncture points, hyperalgesic zones, paravertebral points, as well as<br>acupuncture points on the ear. Density: 1.0 - 3.0 J/cm <sup>2</sup> ). If no effect is present<br>after the 3rd therapy, increase dose with respect to depth of affected joint.<br>Part A.<br>(3387) |







## **8.9 ARTHROSIS (OSTEOARTHRITIS) - B**

| Program                 | L-0707<br>program: L-0707 arthrosis (osteoarthritis) - B  |
|-------------------------|---|
| Therapy parameters      | Dosage: 10 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %   |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | 2 - 3x a week   |
| Number of treatments    | min. 10 (or until problems are reduced significantly)   |
| Effect                  | analgesic, antiedematous, myorelaxation   |
| Note                    | Irradiate affected joint structure (Laser acupuncture can be used for trigger<br>and acupuncture points, hyperalgesic zones, paravertebral points, as well as<br>acupuncture points on the ear. Density: 1.0 - 3.0 J/cm <sup>2</sup> ). If no effect is present<br>after the 3rd therapy, increase dose with respect to depth of affected joint.<br>Part B.<br>(3388) |







# 8.10 BACK PAIN (DORSALGIA) - A

| Program                 | L-0749<br>program: L-0749 back pain (dorsalgia) - A  |
|-------------------------|--|
| Therapy parameters      | Dosage: 32 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont. |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 6 – 12 (minimum of 5)  |
| Effect                  | analgesic, myorelaxation, vasodilatation   |
| Note                    | Regarding extent of the area, use probe with the greatest power, preferably infrared cluster.<br>Part A.<br>(3413)                   |





# 8.11 BACK PAIN (DORSALGIA) - B

| Program                 | L-0728<br>program: L-0728 back pain (dorsalgia) - B   |
|-------------------------|---|
| Therapy parameters      | Dosage: 16 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %   |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | 2 - 3x a week   |
| Number of treatments    | 6 – 12 (minimum of 5)   |
| Effect                  | analgesic, myorelaxation, vasodilatation  |
| Note                    | Regarding the affected area it is recommended to use probe with the greatest power, preferably infrared cluster.<br>Part B.<br>(3414) |





# 8.12 BECHTEREW'S DISEASE (ANKYLOSING SPONDYLITIS) - A

| Program                 | L-0729<br>program: L-0729 Bechterew's disease (ankylosing spondylitis) - A   |
|-------------------------|--|
| Therapy parameters      | Dosage: 20 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont. |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 3 - 5x a week  |
| Number of treatments    | 6 – 8  |
| Effect                  | analgesic, myorelaxation, vasodilatation   |
| Note                    | Acute pain: irradiate area of the affected joint.<br>Part A.<br>(3415)   |





# 8.13 BECHTEREW'S DISEASE (ANKYLOSING SPONDYLITIS) - B

| Program                 | L-0730<br>program: L-0730 Bechterew's disease (ankylosing spondylitis) - B  |
|-------------------------|---|
| Therapy parameters      | Dosage: 10 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 % |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | 3 - 5x a week   |
| Number of treatments    | 6 – 8   |
| Effect                  | analgesic, myorelaxation, vasodilatation  |
| Note                    | Acute pain: irradiate area of the affected joint.<br>Part B.<br>(3416)  |





## 8.14 BIOSTIMULATION

| Program                 | L-0423<br>program: L-0423 biostimulation  |
|-------------------------|---|
| Therapy parameters      | Dosage: 4 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 5 Hz<br>Duty factor (DF): 80 % |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe and size of post-surgical wound   |
| Frequency of treatments | daily - 3x per week   |
| Number of treatments    | 6 - 12 depending on reaction of the treated tissue  |
| Effect                  | biostimulation  |
| Note                    | Accelerates healing of wounds and reduces risk of cheloids. (3379)  |





## 8.15 BURSITIS - A

|                         | REHABILITATION & NEUROLOG  |
|-------------------------|--|
| Program                 | L-0708<br>program: L-0708 bursitis - A   |
| Therapy parameters      | Dosage: 18 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.                                       |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 4 – 16   |
| Effect                  | analgesic, biostimulation, antiphlogistic  |
| Note                    | Irradiate the affected area.<br>If no satisfactory effect is present after the 3rd therapy, increase dose with<br>respect to depth of affected joint.<br>Part A.<br>(3389) |





## 8.16 BURSITIS - B

|                         | REPARENTATION & NEOROEC  |
|-------------------------|--|
| Program                 | L-0709<br>program: L-0709 bursitis - B   |
| Therapy parameters      | Dosage: 9 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %   |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 4 – 16   |
| Effect                  | analgesic, biostimulation, antiphlogistic  |
| Note                    | Irradiate the affected area.<br>If no satisfactory effect is present after the 3rd therapy, increase dose with<br>respect to depth of affected joint.<br>Part B.<br>(3390) |





## 8.17 CARPAL TUNNEL SYNDROME - A

#### **REHABILITATION & NEUROLOGY**

| Program                 | L-0750<br>program: L-0750 carpal tunnel syndrome - A   |
|-------------------------|--|
| Therapy parameters      | Dosage: 10 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont. |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2  |
| Number of treatments    | 5 – 8  |
| Effect                  | analgesic, vasodilatation  |
| Note                    | Apply laser therapy in the initial stages of the condition. Can be combined<br>with magnetotherapy.<br>Part A.<br>(3417)             |

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## 8.18 CARPAL TUNNEL SYNDROME - B

#### **REHABILITATION & NEUROLOGY**

| Program                 | L-0731<br>program: L-0731 carpal tunnel syndrome - B   |
|-------------------------|--|
| Therapy parameters      | Dosage: 5 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 % |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2  |
| Number of treatments    | 5 – 8  |
| Effect                  | analgesic, vasodilatation  |
| Note                    | Apply laser therapy in the initial stages of the condition. Combination with magnetotherapy is beneficial.<br>Part B.<br>(3418)    |

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## 8.19 CONTUSION - A

| Program                 | L-0752<br>program: L-0752 contusion - A  |
|-------------------------|--|
| Therapy parameters      | Dosage: 8 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.          |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 5x per week  |
| Number of treatments    | 5 – 10   |
| Effect                  | analgesic, antiedematous, biostimulation   |
| Note                    | Irradiate as soon as possible after injury, which hastens analgesic effect,<br>prevents edema and to absorb a hematoma.<br>Part A.<br>(3393) |





## 8.20 CONTUSION - B

| Program                 | L-0712<br>program: L-0712 contusion - B   |
|-------------------------|---|
| Therapy parameters      | Dosage: 4 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %        |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | 5x per week   |
| Number of treatments    | 5 – 10  |
| Effect                  | analgesic, antiedematous, biostimulation  |
| Note                    | Irradiate as soon as possible after injury, which hastens analgesic effect, prevents edema and to absorb a hematoma.<br>Part B.<br>(3394) |





## 8.21 DECUBITUS - A

| Program                 | L-0741<br>program: L-0741 decubitus - A   |
|-------------------------|---|
| Therapy parameters      | Dosage: 2 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.   |
| Probe                   | red   |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | preferably daily, minimum 3 times a week  |
| Number of treatments    | depending on reaction of the treated tissue and depth of necrosis 5 - 20  |
| Effect                  | biostimulation, antiphlogistic, support of granulation, analgesic   |
| Note                    | In chronic diseases frequent, preferably daily irradiation can not be avoided.<br>Irradiate not only margins of decubitus ulcer but cross-hatch the whole area!<br>After the 1st - 3rd therapy increased pain can occur because of accelerated<br>regeneration of nerve ends. This worsening should not interrupt the treatment<br>as it shows a positive body response.<br>Part A.<br>(3395) |





## 8.22 DECUBITUS - B

| Program                 | L-0713<br>program: L-0713 decubitus - B   |
|-------------------------|---|
| Therapy parameters      | Dosage: 1 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 5 Hz<br>Duty factor (DF): 80 %   |
| Probe                   | red   |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | preferably daily, minimum 3 times a week  |
| Number of treatments    | depending on reaction of the treated tissue and depth of necrosis 5 - 20  |
| Effect                  | biostimulation, antiphlogistic, support of granulation, analgesic   |
| Note                    | In chronic diseases frequent, preferably daily irradiation can not be avoided.<br>Irradiate not only margins of decubitus ulcer but cross-hatch the whole area!<br>After the 1st - 3rd therapy increased pain can occur because of accelerated<br>regeneration of nerve ends. This worsening should not interrupt the treatment<br>as it shows a positive body response.<br>Part B.<br>(3396) |





# 8.23 DISTORTION (SPRAIN) - A

| Program                 | L-0742<br>program: L-0742 distortion (sprain) - A  |
|-------------------------|--|
| Therapy parameters      | Dosage: 18 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.   |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | optimum daily, minimum 3 times a week  |
| Number of treatments    | 6 - 10   |
| Effect                  | analgesic, antiedematous, biostimulation   |
| Note                    | Apply laser therapy as soon as possible. It is essential to instruct the patient that although pain subsides rapidly, the joint is not fully healed in minimum 6 weeks and that he must follow rest regime together with physiotherapy. Part A. (3397) |





# 8.24 DISTORTION (SPRAIN) - B

| Program                 | L-0714<br>program: L-0714 distortion (sprain) - B  |
|-------------------------|--|
| Therapy parameters      | Dosage: 9 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %   |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | optimum daily, minimum 3 times a week  |
| Number of treatments    | 6 - 10   |
| Effect                  | analgesic, antiedematous, biostimulation   |
| Note                    | Apply laser therapy as soon as possible. It is essential to instruct the patient that although pain subsides rapidly, the joint is not fully healed in minimum 6 weeks and that he must follow rest regime together with physiotherapy. Part B. (3398) |





## 8.25 DUPUYTREN'S CONTRACTURE - A

#### **REHABILITATION & NEUROLOGY**

| Program                 | L-0722<br>program: L-0722 Dupuytren´s contracture - A   |
|-------------------------|---|
| Therapy parameters      | Dosage: 18 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.              |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | 2 - 3x a week   |
| Number of treatments    | min. 8 – 10   |
| Effect                  | biostimulation, analgesic, vasodilatation   |
| Note                    | First results occur after 5 or 6 therapy sessions. For excellent therapeutic effects combine laser therapy with sonotherapy.<br>Part A.<br>(3405) |

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## 8.26 DUPUYTREN'S CONTRACTURE - B

#### **REHABILITATION & NEUROLOGY**

| Program                 | L-0723<br>program: L-0723 Dupuytren´s contracture - B   |
|-------------------------|---|
| Therapy parameters      | Dosage: 9 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 5 Hz<br>Duty factor (DF): 80 %                 |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | 2 - 3x a week   |
| Number of treatments    | min. 8 – 10   |
| Effect                  | biostimulation, analgesic, vasodilatation   |
| Note                    | First results occur after 5 or 6 therapy sessions. For excellent therapeutic effects combine laser therapy with sonotherapy.<br>Part B.<br>(3406) |

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# 8.27 EPICONDYLITIS (ENTHESOPATHY) - A

| Program                 | L-0716<br>program: L-0716 epicondylitis (enthesopathy) - A   |
|-------------------------|--|
| Therapy parameters      | Dosage: 18 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont. |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 10 (min. 6)  |
| Effect                  | analgesic, antiedematous   |
| Note                    | Combine continuous and pulse beam.<br>Part A.<br>(3399)  |





# 8.28 EPICONDYLITIS (ENTHESOPATHY) - B

| Program                 | L-0717<br>program: L-0717 epicondylitis (enthesopathy) - B   |
|-------------------------|--|
| Therapy parameters      | Dosage: 9 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 % |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 10 (min. 6)  |
| Effect                  | analgesic, antiedematous   |
| Note                    | Combine continuous and pulse beam.<br>Part B.<br>(3400)  |





## 8.29 ISCHIALGIA - A

| Program                 | L-0745<br>program: L-0745 ischialgia - A   |
|-------------------------|--|
| Therapy parameters      | Dosage: 33 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont. |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | daily, minimum 3 times a week  |
| Number of treatments    | 8 - 15   |
| Effect                  | analgesic, myorelaxation, vasodilatation   |
| Note                    | Irradiate at location of ischialgia, L4 - L5 or L5 - S1. Use probe with the greatest power, preferably cluster.<br>Part A.<br>(3403) |





## 8.30 ISCHIALGIA - B

| Program                 | L-0721   |
|-------------------------|--|
|                         | program: L-0/21 ischialgia - B   |
| Therapy parameters      | Dosage: 17 J/cm²<br>Power: by probe  |
|                         | Irradiated area: 1 cm <sup>2</sup>   |
|                         | Frequency: 10 Hz   |
|                         | Duty factor (DF): 80 %   |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | daily, minimum 3 times a week  |
| Number of treatments    | 8 - 15   |
| Effect                  | analgesic, myorelaxation, vasodilatation   |
| Note                    | Irradiate at location of ischialgia, L4 - L5 or L5 - S1. Use probe with the greatest power, preferably cluster.<br>Part B.<br>(3404) |





### 8.31 MIGRAINE

| Program                 | L-0807<br>program: L-0807 migraine   |
|-------------------------|--|
| Therapy parameters      | Dosage: 3 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 9.12 Hz<br>Duty factor (DF): 80 % |
| Probe                   | infrared   |
| Frequency of treatments | 1 – 2  |
| Number of treatments    | 6 – 12   |
| Note                    | Irradiate infraorbital point, temporal point, painful area of the squamous part<br>of the temporal bone.<br>(3428)                   |





## 8.32 MUSCLE RELAXATION - A

| Program                 | L-0746<br>program: L-0746 muscle relaxation - A   |
|-------------------------|---|
| Therapy parameters      | Dosage: 18 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.  |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | daily   |
| Number of treatments    | 8   |
| Effect                  | myorelaxation, vasodilatation   |
| Note                    | Irradiate not only area of painful muscle but also respective trigger points.<br>Increase dose with increased depth of trigger point. Dose can reach up to 90<br>J/cm <sup>2</sup> .<br>Part A.<br>(3407) |







## 8.33 MUSCLE RELAXATION - B

| Program                 | L-0724<br>program: L-0724 muscle relaxation - B  |
|-------------------------|--|
| Therapy parameters      | Dosage: 9 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %   |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe and the size of the treated area   |
| Frequency of treatments | daily  |
| Number of treatments    | 8  |
| Effect                  | myorelaxation, vasodilatation, analgesic   |
| Note                    | It is recommended to irradiate not only the hypertonic muscle area, but also<br>the respective trigger points. With the increasing depth of location of the<br>trigger point it is necessary to increase the dose accordingly. The dose may<br>reach up to 90 J/cm <sup>2</sup> .<br>Part B.<br>(3408) |






### 8.34 NEURALGIA

| Program                 | L-0810<br>program: L-0810 neuralgia   |
|-------------------------|---|
| Therapy parameters      | Dosage: 12 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %   |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | 3x per week   |
| Number of treatments    | 6 - 10 (or until problems reduce significantly)   |
| Effect                  | analgesic, inhibitive   |
| Note                    | Irradiate trigger points and hyperalgesic areas, paravertebral points and acupuncture points. Dose is determined according to the depth of trigger points and hyperalgesic skin zones. Increase dose with increased depth. (3429) |







### 8.35 PAIN RELIEF

| Program                 | L-0800<br>program: L-0800 pain relief   |
|-------------------------|---|
| Therapy parameters      | Dosage: 4 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %              |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe and the size of the treated area  |
| Frequency of treatments | daily - 3x per week   |
| Number of treatments    | 6 - 12 depending on reaction of the treated tissue  |
| Effect                  | analgesic   |
| Note                    | Irradiate directly the painful points or trigger points. For deeper located structures it is necessary to increase the dose accordingly. (3378) |





## 8.36 PARESIS OF FACIAL NERVE

| Program                 | L-0811<br>program: L-0811 paresis of facial nerve   |
|-------------------------|---|
| Therapy parameters      | Dosage: 3 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 5 Hz<br>Duty factor (DF): 80 % |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | 3x per week   |
| Number of treatments    | 10 (or until problems subside)  |
| Effect                  | biostimulation  |
| Note                    | Use classic motor points.<br>(3430)   |





## 8.37 PATELLAR CHONDROPATHY - A

| Program                 | L-0744<br>program: L-0744 patellar chondropathy - A  |
|-------------------------|--|
| Therapy parameters      | Dosage: 14 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont. |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 5 – 10 or until problems subside   |
| Effect                  | analgesic, antiedematous, increased vascularization of tissue  |
| Note                    | Irradiate the affected areas.<br>Part A.<br>(3401)   |





## **8.38 PATELLAR CHONDROPATHY - B**

| Program                 | L-0718<br>program: L-0718 patellar chondropathy - B   |
|-------------------------|---|
| Therapy parameters      | Dosage: 7 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 5 Hz<br>Duty factor (DF): 80 % |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | 2 - 3x a week   |
| Number of treatments    | 5 – 10 or until problems subside  |
| Effect                  | analgesic, antiedematous, increased vascularization of tissue   |
| Note                    | Irradiate the affected areas.<br>Part B.<br>(3402)  |





# 8.39 PLANTAR FASCIITIS (HEEL SPUR) - A

| Program                 | L-0710<br>program: L-0710 plantar fasciitis (heel spur) - A  |
|-------------------------|--|
| Therapy parameters      | Dosage: 20 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.   |
| Probe                   | infrared   |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 6 – 10   |
| Effect                  | analgesic  |
| Note                    | Laser therapy is effective even in torpid states.<br>Before start of laser therapy make sure that the patient undergoes pedicure.<br>Thin skin barrier improves laser beam penetration.<br>Part A.<br>(3391) |





# 8.40 PLANTAR FASCIITIS (HEEL SPUR) - B

| Program                 | L-0711<br>program: L-0711 plantar fasciitis (heel spur) - B  |
|-------------------------|--|
| Therapy parameters      | Dosage: 10 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %  |
| Probe                   | infrared   |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 6 – 10   |
| Effect                  | analgesic  |
| Note                    | Laser therapy is effective even in torpid states.<br>Before start of laser therapy make sure that patient undergoes pedicure. Thin<br>skin barrier improves laser beam penetration.<br>Part B.<br>(3392) |





## 8.41 SACRALGIA - A

| Program                 | L-0748<br>program: L-0748 sacralgia - A   |
|-------------------------|---|
| Therapy parameters      | Dosage: 32 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.                                      |
| Probe                   | infrared  |
| Frequency of treatments | 3x per week   |
| Number of treatments    | 12 or until problems subside  |
| Effect                  | analgesic, vasodilatation, myorelaxation  |
| Note                    | Irradiate lumbo-sacral trocheal joints, from upper to lower spine, and the same contralaterally to the sacro-iliac joint. Preferably use infrared cluster. Part A. (3411) |





## 8.42 SACRALGIA - B

| Program                 | L-0726<br>program: L-0726 sacralgia - B   |
|-------------------------|---|
| Therapy parameters      | Dosage: 16 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %                                       |
| Probe                   | infrared  |
| Frequency of treatments | 3x per week   |
| Number of treatments    | 12 or until problems subside  |
| Effect                  | analgesic, vasodilatation, myorelaxation  |
| Note                    | Irradiate lumbo-sacral trocheal joints, from upper to lower spine, and the same contralaterally to the sacro-iliac joint. Preferably use infrared cluster. Part B. (3412) |





## 8.43 SWELLING REDUCTION - A

| Program                 | L-0747<br>program: L-0747 swelling reduction - A   |
|-------------------------|--|
| Therapy parameters      | Dosage: 18 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont. |
| Probe                   | infrared   |
| Length of application   | according to extent of oedema and power of the probe   |
| Frequency of treatments | 3 - 5x a week  |
| Number of treatments    | 5 – 15   |
| Effect                  | antiedematous, vasodilatation, increased vascularization   |
| Note                    | Irradiate the affected areas.<br>Increase dose with increased depth of oedema.<br>Part A.<br>(3409)                                  |







## 8.44 SWELLING REDUCTION - B

| Program                 | L-0725<br>program: L-0725 swelling reduction - B  |
|-------------------------|---|
| Therapy parameters      | Dosage: 9 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 8 Hz<br>Duty factor (DF): 80 % |
| Probe                   | infrared  |
| Length of application   | according to extent of oedema and power of the probe  |
| Frequency of treatments | 3 - 5x a week   |
| Number of treatments    | 5 – 15  |
| Effect                  | antiedematous, vasodilatation, increased vascularization  |
| Note                    | Irradiate the affected areas.<br>Increase dose with increased depth of oedema.<br>Part B.<br>(3410)                               |







## 8.45 TENDINOPATHY - A

| Program                 | L-0735<br>program: L-0735 tendinopathy - A   |
|-------------------------|--|
| Therapy parameters      | Dosage: 20 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.   |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 8 - 10 (min. 5)  |
| Effect                  | analgesic, antiedematous   |
| Note                    | Similarly irradiate in postoperative states. After laser therapy pain and oedema often rapidly subsides. However it is essential to instruct the patient that the joint is not healed in minimum 6 weeks after problems occur and that he must follow rest regime together with physiotherapy and eventually other physical therapy.<br>Part A. (3423) |





### 8.46 TENDINOPATHY - B

| Program                 | L-0736<br>program: L-0736 tendinopathy - B   |
|-------------------------|--|
| Therapy parameters      | Dosage: 10 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %  |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 8 - 10 (min. 5)  |
| Effect                  | analgesic, antiedematous   |
| Note                    | Similarly irradiate in postoperative states. After laser therapy pain and oedema often rapidly subsides. However it is essential to instruct the patient that the joint is not healed in minimum 6 weeks after problems occur and that he must follow rest regime together with physiotherapy and eventually other physical therapy.<br>Part B. (3424) |





### 8.47 TENDOVAGINITIS - A

| Program                 | L-0737<br>program: L-0737 tendovaginitis - A   |
|-------------------------|--|
| Therapy parameters      | Dosage: 20 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.   |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 8 - 10 (min. 5)  |
| Effect                  | analgesic, antiedematous   |
| Note                    | Similarly irradiate in postoperative states. After laser therapy pain and oedema often rapidly subsides. However it is essential to instruct the patient that the joint is not healed in minimum 6 weeks after problems occur and that he must follow rest regime together with physiotherapy and eventually other physical therapy.<br>Part A. (3425) |





### 8.48 TENDOVAGINITIS - B

| Program                 | L-0738<br>program: L-0738 tendovaginitis - B   |
|-------------------------|--|
| Therapy parameters      | Dosage: 10 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %  |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 8 - 10 (min. 5)  |
| Effect                  | analgesic, antiedematous   |
| Note                    | Similarly irradiate in postoperative states. After laser therapy pain and oedema often rapidly subsides. However it is essential to instruct the patient that the joint is not healed in minimum 6 weeks after problems occur and that he must follow rest regime together with physiotherapy and eventually other physical therapy.<br>Part B. (3426) |





## 8.49 TIETZE SYNDROME - A

| Program                 | L-0732<br>program: L-0732 Tietze syndrome - A   |
|-------------------------|---|
| Therapy parameters      | Dosage: 10 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.                  |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | 2 - 3x a week   |
| Number of treatments    | 5 - 10  |
| Effect                  | analgesic   |
| Note                    | Laser therapy has an excellent clinical effect. If no satisfactory result is present, increase dose up to 21 J/cm <sup>2</sup> .<br>Part A.<br>(3419) |





## 8.50 TIETZE SYNDROME - B

| Program                 | L-0733<br>program: L-0733 Tietze syndrome - B   |
|-------------------------|---|
| Therapy parameters      | Dosage: 5 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 %                    |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | 2 - 3x a week   |
| Number of treatments    | 5 - 10  |
| Effect                  | analgesic   |
| Note                    | Laser therapy has an excellent clinical effect. If no satisfactory result is present, increase dose up to 21 J/cm <sup>2</sup> .<br>Part B.<br>(3420) |





## 8.51 TINNITUS

| Program                 | L-0740<br>program: L-0740 tinnitus  |
|-------------------------|---|
| Therapy parameters      | Dosage: 135 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 5 Hz<br>Duty factor (DF): 80 %   |
| Probe                   | infrared  |
| Length of application   | according to the power of the probe   |
| Frequency of treatments | 2 - 3x a week   |
| Number of treatments    | 6 - 12  |
| Effect                  | biostimulation  |
| Note                    | Unusually high dose is needed for sufficient effect as 98% of irradiated energy is absorbed in petrous bone! Apply to mastoid processus towards the contralateral orbit. If auditory canal is irradiated directly, dose of 75 J/cm <sup>2</sup> is satisfactory. Combine treatment with manipulative therapy of the spine. (3427) |





## 8.52 VERTEBROGENIC PAIN SYNDROME - A

| Program                 | L-0751<br>program: L-0751 vertebrogenic pain syndrome - A  |
|-------------------------|--|
| Therapy parameters      | Dosage: 18 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: Cont.<br>Duty factor (DF): Cont.                       |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 5 – 10 (or until problems significantly subside)   |
| Effect                  | analgesic, vasodilatation, myorelaxation   |
| Note                    | Irradiate only the points where myogeloses occur (painful areas in muscles).<br>If no satisfactory result is observed, increase dose.<br>Part A.<br>(3421) |





## **8.53 VERTEBROGENIC PAIN SYNDROME - B**

| Program                 | L-0734<br>program: L-0734 vertebrogenic pain syndrome - B  |
|-------------------------|--|
| Therapy parameters      | Dosage: 9 J/cm <sup>2</sup><br>Power: by probe<br>Irradiated area: 1 cm <sup>2</sup><br>Frequency: 10 Hz<br>Duty factor (DF): 80 % |
| Probe                   | infrared   |
| Length of application   | according to the power of the probe  |
| Frequency of treatments | 2 - 3x a week  |
| Number of treatments    | 5 – 10 (or until problems are significantly reduced)   |
| Effect                  | analgesic, vasodilatation, myorelaxation   |
| Note                    | Irradiate only the points where myogeloses occur. If no satisfactory result is present, increase dose.<br>Part B.<br>(3422)        |



